

# Carver County Mental Health Local Advisory Council Meeting

**DATE:** 10/8/2024

**LEADER:** Kelli Brenny

**TIME:** 4:00-6:00 p.m.

**RECORDER:** Bern Hime

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
<u>Kayla Pascoe</u>	√		Stephanie Combey	√		Sierra Grandy, Statewide Chair for LAC Advisory Council
Sarah Bot		√	Commissioner Tim Lynch			Sheila Piippo, NAMI
Bernard Hime	√		Melissa Hanson	√		
Kelli Brenny	√		Lisa Brennom	√		
Stacy Zellmann	√		Richard Scott			
Betty Allen	√		Diane Pagel			
Sandy Menzel	√		Melanie Warm			
Naima Hussein		√	Lisa Brennom	√		
Mike Duzan	√					
Vacant						
Vacant						

Agenda	Activity/Discussion	Decision/Action
<b>Agenda Item 1:</b>	<b>Call to Order:</b> The meeting was called to order at 4:09 p.m.	Approved by consensus
<b>Agenda Item 2:</b>	<b>Approve Agenda:</b> A motion to approve agenda was made, seconded and approved.	Approved by consensus
<b>Agenda Item 3:</b>	<b>Approve Minutes:</b> A motion to approved September meeting minutes was made, seconded, and approved.	Approved by consensus

<p><b>Agenda Item 4:</b></p>	<p><b>New Business:</b></p> <p>Naima is presumed to have resigned based on attendance criteria in bylaws and is removed from the LAC as a member.</p>	
<p><b>Agenda Item 5:</b></p>	<p>A check-in with those in attendance occurred “what do you enjoy doing in the city you live?”</p> <p>Updates:          -Openings in outpatient psychiatry-no waiting list          -Crisis is busy          -New Sheriff Dept crisis co-responder          -Lots of mental health needs identified in school          -The Statewide AMHI meeting is October 15<sup>th</sup> from 1 p.m. to 3 p.m. via Teams. The Community Education and Anti-Stigma workgroup of the Carver County AMHI is October 16<sup>th</sup> at 2:30 p.m. Discussion of planning for a community event in May, for Mental Health Month.</p>	<p>Discussion</p>
<p><b>Agenda Item 6:</b></p>	<p>-Stacy reported on the Opioid Advisory Committee settlement. Budget must be spent or will be lost.          -Stacy shared information about peer recovery specialists peer support specialists and training.          -Kayla provided an update regarding the Board meeting and budget discussion.</p>	<p>Information</p>
<p><b>Agenda Item 7:</b></p>	<p>Election for co-chair: Kayla Pascoe was nominated and elected to serve as co-chair of the LAC.</p> <p>Motion was made and seconded to cancel the December LAC meeting. All voted to approve cancelling the December meeting.</p> <p><b>Chairs Report:</b></p>	<p>Vote</p>
<p><b>Agenda Item 8:</b></p>	<p>-Licensed psychologist position available in Carver County          -Brat stand in Chanhassen @ Von Hanson’s Meats next summer</p>	

<p><b>Agenda Item 9:</b></p>	<p>-NAMI needs Liaison for LAC -NAMI needs mentioned and discussed, including positions and standards</p> <p><b>Guests:</b></p> <p>- Sheila Piippo, Grassroots Organizer with NAMI Minnesota, joined the meeting to share information about the process for starting a Carver County NAMI affiliate, current membership numbers, and opportunities for coordination with the LAC. NAMI Minnesota and its local affiliates work to improve the lives of people who are living with mental illnesses and their families throughout Minnesota. NAMI Affiliates are created by groups of individuals who embrace the mission of NAMI and work to grow NAMI's grassroots movement at the local level. Volunteer leaders come to NAMI with a passion to dedicate their time and resources to facilitate support groups, teach NAMI signature programs, advocate for mental health systems change, and foster peer relationships that empower and strengthen new leadership.</p> <p>Basic requirements for new NAMI Affiliates include:</p> <ul style="list-style-type: none"><li>• A minimum of five members</li><li>• At least two trained teachers or facilitators to conduct NAMI Education classes or programs in the community</li></ul> <p>Most local affiliates meet on a monthly basis to share information, learn about issues related to mental illnesses, and advocate for the needs of people in their communities.</p> <p>-Sierra Grandy, Statewide Chair for LAC Advisory Committee, presented information about Mental Health Local Advisory Councils within the State. The power and usefulness of LAC's was highlighted, with role of informing the County Board of needs and recommendations for mental health related areas. Sierra is working on developing messaging to demonstrate the usefulness of LAC's. The Annual Plan and Data Collection is an important component of the</p>	
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<p><b>Next Meeting</b></p> <p><b>Adjournment:</b></p>	<p>LAC's work. The LAC Guidebook was discussed, with plans to revise in the future. The goal of LAC's is to Review- Recommend – Evaluate mental health related services.</p> <p>Discussion of how LAC's gather input: Some LAC's have hired a University to complete questionnaires, may work with nonprofits in the area. For example, Wellness in the Woods helps with the LAC in that area of the State.</p> <p>Discussion of the Family Resource Center focus groups and community assessment, the Comprehensive Health Assessment, Mental Health Needs Assessment, and how these various sources of information often identify similar needs / gaps.</p> <p>-Carver County has a group called Health Equity Committee</p> <p><b>Old Business:</b></p> <p><b>Upcoming Events:</b></p> <p><b>Open Forum</b></p> <p>Our next meeting will be held Tuesday, November 10, 2024</p> <p><b>Adjourn</b></p>	<p>Adjourned</p>
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